



2018 DECEMBER

Riverside Jr./Sr. High School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	Foodservice Worker Substitute Positions Available. Apply online at: www.aramark.com Earn extra money while children are at school	<u>LUNCH PRICES</u> Free Reduced \$.40 Paid \$ 2.60		
3 French Tst.Sticks w/Sausage Buffalo Chicken Pizza Chicken Caesar Salad w/WG Crackers Baked Tater Tots Steamed Broccoli Fresh Baby Carrots Applesauce or Fresh Fruit	4 Chick.Mash.Potato Bowl Buffalo Chicken Pizza Turkey Chef Salad w/WG Crackers Mashed Potatoes w/Gravy Golden Corn Red Pepper Slices Sliced Peaches or Juice	5 Meatball Sub Buffalo Chicken Pizza Chicken Caesar Salad w/WG Crackers Baked Fries Sweet Green Peas Garden Salad Mixed Berry Cup or Fr.Fruit	6 Nacho Platter Buffalo Chicken Pizza Chick.Caesar Salad w/WG Crackers Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Mixed Fruit Cup or Juice	7 Pork BBQ Sandwich White Pizza Chick.Caesar Salad w/WG Crackers Baked Tater Tots Seasoned Green Beans Cucumber & Tomato Salad Applesauce or Fresh Fruit
10 Mozz.Sticks w/Marinara Buffalo Chicken Pizza Ranch Chicken Salad w/WG Crackers Cinnamon Sweet Potatoes Seasoned Peas Fresh Baby Carrots Fruit or Juice	11 Pork BBQ Sandwich Buffalo Chicken Pizza Chicken Caesar Salad w/WG Crackers Baked Fries Green Beans Fresh Broccoli Peach Cup or Juice	12 Chicken Fajita w/On. & Pep. Buffalo Chicken Pizza All Amer.Chef Salad w/WG Crackers Baked Fries Steamed Carrots Garden Salad Blueb.w/Wh.Top.or Fr.Fruit	13 Nacho Platter Buffalo Chicken Pizza All American Cobb Salad w/WG Crackers Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Fresh Fruit or Juice	14 General Tso's Chicken White Pizza Chicken Ranch Salad w/WG Crackers Steamed Rice Steamed Broccoli Fresh Baby Carrots Diced Peaches or Fr.Fruit
17 Pizza Burger Buffalo Chicken Pizza Ham Chef Salad w/WG Crackers Baked Tater Tots Orange Glazed Carrots Garden Salad Slced.Peache or Fr.Fruit	18 Philly Cheesesteak Buffalo Chicken Pizza Chicken Caesar Salad w/WG Crackers Baked Fries Sweet Corn Garden Salad Fresh Fruit or Juice	19 BBQ Rib Sandwich Buffalo Chicken Pizza All American Cobb Salad w/WG Crackers Baked Fries Green Beans Fresh Celery Sticks Strawberry Cup or Fresh Fruit	20 Chicken Parmesan Sand. Buffalo Chicken Pizza Ranch Chicken Salad w/WG Crackers Baked Fries Steamed Broccoli Fresh Baby Carrots Mixed Fruit or Juice	21 EARLY DISMISSAL Breakfast Available Grab-N-Go Lunch Available
24 <i>Merry Christmas</i> 	25 	26 	27 <u>Bagged Lunch 12/21/18</u> Chicken Patty Sandwich Box of Raisins, SunChips, Milk	28 HAPPY NEW YEAR

More Info... Offered Daily:

- Chicken Patty Sand.
- Cheeseburger
- Chicken Nuggets w/WG Bread
- Cheese Pizza
- Pepperoni Pizza
- MTO Deli Bar
- Fresh Fruit
- Fruit Juice
- Fresh Vegetables
- 1% Milk
- Skim Milk
- Chocolate Skim Milk
- All Breads, Rolls and Pizza Dough is Whole Grain
- Students must pick at least one serving of fruit or vegetable with their meal

Menus are subject to change without notice.

HEALTHY FOR LIFE

